

# Mentoring Program

Ladder Mentoring is an exciting and rewarding experience that has significant positive impacts on young people, empowering them to maximise their talents and effectively transition to independence.

Ladder Mentoring engages adults as volunteer mentors who support, encourage, and become a role model to a young person.

Ladder Mentoring also enables young people to become part of a greater social network and provide a connection to the community. The impact of this provides young people with a greater sense of belonging and purpose.

The role is mostly about having fun together within the context of a comfortable, trusting relationship.

## The Mentoring Role

Ladder mentoring is flexible and adaptable according to availability and skills of our mentors and the needs of our young people.

Ladder Mentoring.....

*is about building a one on one, trusting relationship with a Ladder Young Person. We hope the relationships will go for at least 12 months with an option to continue beyond the first year. The time commitment is flexible, but regular. Contact can include phone calls, texts, and face to face catch ups.*

### Ladder Mentors:

- Serve as a positive role model and friend
- Gain an understanding
- Participating in mutually enjoyable activities together
- Build self-esteem and motivation
- Help set goals and work toward accomplishing them

All mentors are required to attend an initial training session and receive regular support from a Ladder Development Coach to discuss the mentoring relationship and troubleshoot any emerging issues.

Interested in this unique opportunity to be that special someone in a young life?

Please call Kate Beveridge, Ladder Development Coach on 0467 052 343

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*"It's good to know someone is there for me.*

*He doesn't have to do this but he wants to which is awesome!"*