



# OPPORTUNITIES FOR YOUNG PEOPLE WITH DISABILITIES





North Metropolitan



Foyer projects have been assisting young people to thrive in independent living, learning and work for more than 100 years...

...Foyer Oxford is now providing an opportunity for young people in WA to take a step into independence, in safe and secure housing, with the personalised 24/7 support needed to develop their skills and imagine and create their future

Every young person needs a home, support and a springboard into living, learning and work.

Not everyone has an easy journey into independence, things get in the way – it might be a lack of safe, secure accommodation; or family life prevents the achievement of goals; or living with a disability or mental health condition means that a different pathway is needed. The goal for a 2 year stay at Foyer Oxford is to take a step on the ladder to greater self-sufficiency and your own place.

Foyer Oxford provides young people with their own apartment, in the heart of the vibrant Leederville Community, surrounded by a diverse community of 98 other young people who are also chasing down their dreams.

Because those first steps to independence can be tricky, Foyer Oxford has the ability to provide onsite on-call support, and the kind of supervision that makes sure things aren't going badly, while still allowing privacy and the ability for young people to make their own decisions.

The roots of Foyer Oxford have been in provision to the diverse young people and young parents experiencing homelessness. Whilst this remains a focus, the project has a significant potential to build opportunities for other young people who also require the personalised support to achieve their goals and transition to an independent life – and that's where Foyer Oxford's Abilities Program comes in.

### WHO IS FOYER OXFORD'S ABILITIES PROGRAM RIGHT FOR?

Foyer Oxford's unique environment isn't the right support option for everyone – to be eligible for a young person must be:

- 16-25 years of age (there are potential future services for young people who are slightly older).
- On a goal driven path to independence Foyer Oxford is designed to provide a transition to independent living, taking you from one place to the next.

- Able to live on your own in one of our units with the necessary supports to help you learn the daily living skills required to become more independent.
- Eligible to receive funding from Disability Services Commission, or NDIS to fund the reasonable and necessary supports you require to live at Foyer.

#### WHO IS THE PROGRAM NOT RIGHT FOR?

- Where there is no planned transition to independent living, Foyer Oxford will not provide permanent housing, though there is some potential to negotiate time beyond the 2 year nominal limit if you need more time to develop your skills.
- You must be able to stay on your own for periods of time in your unit including overnight, as whilst there is always on site on call support we cannot provide constant attendant care to a young person in their unit.

### THE FOYER OXFORD OFFER

By bringing together a team of Anglicare WA, Foundation Housing Ltd and North Metropolitan TAFE, Foyer Oxford is able to provide the coordinated ingredients for successful transition.

### HIGH QUALITY, SAFE AND SECURE HOUSING

Foyer Oxford has been purpose built for the needs of the Foyer client group:

- Apartments are student style and fully self-contained, with their own kitchen and bathroom and are fully furnished.
- Tenancy provided under the Residential Tenancy Act. Tenancy management and maintenance services are provided full time on site, for fast response time.
- A feeling of safety and security is essential for the ability to plan long term. Like a high end apartment block or hotel, Foyer Oxford has been designed with individually swipe carded apartment doors, 24 hour front door concierge with common areas covered by CCTV and passive surveillance.
- Each Apartment has an intercom providing access to visitors, but also a direct line to concierge staff and support staff.
- Rents include all utilities electricity, water and wifi system throughout.

### THE FOYER OXFORD PERSONALISED SUPPORT MODEL

One size does not fit all, so support is structured through a response to the individual needs and choices of the young people who live in Foyer: the right approach, for the right person, at the right time. A team of professional multi-disciplinary staff are employed to ensure that young people receive an effective service. This includes: **Case Support** - An allocated guide who assists young people at a one on one level to develop the long term plans necessary for success. Case management is focused on:

- Discovering strengths and capacities, and focusing on a vision for a future beyond Foyer
- Enabling young people to engage in employment, training and/or employment
- Developing strategies and connections to overcome obstacles
- Securing the practical resources and independent living skills to maintain long term, stable accommodation.

**24/7 Access** - Residential youth workers ensure that someone is available on site at Foyer around the clock to listen to the stories of the day and provide daily positive mentoring, or to respond when things are difficult.

**Community Connection** - Foyer Oxford employs a community development coordinator to assist in developing Foyer as an aspirational environment. Recognising the role the community has to play in assisting young people to thrive, this also provides a support to volunteers from the local Leederville community who can be part of the 'village' providing connection for Foyer residents.

**Employment, Education and Training** - Foyer Oxford is integrated into the NM TAFE Leederville Campus which is already a key provider of disability focused literacy, numeracy and vocational qualifications. Onsite Employment and Projects support connects young people to employment opportunities and employability skills.

#### **ADDITIONAL SUPPORTS**

Where a young person needs extra support to get through the daily routine – Anglicare WA's Bridges Program and Foyer Oxford can work together to provide additional personal support for daily living, supported learning, recreation or mentoring. Alternatively, we can work with a young person's chosen supports to ensure that they have control of the people in their lives.

### WHAT DOES IT COST?

#### **RENTING AN APARTMENT**

Young people are responsible for renting their own apartment under a normal tenancy agreement with heavily subsidised rent. The costs are inclusive of all utilities and wifi. As with other normal private leases, Rental Costs are subject to reasonable change.

Accommodation Type	Subsidised Rent	Subsidised Rent	Market Rent for
	Under 22 yrs	22 yrs and over	comparison
Penthouse Unit per week – 29sqm	\$170.00	\$185.00	\$340.00

### DEVELOPING A FOYER OXFORD SUPPORT PACKAGE – DSC/NDIS – 2016/17 COSTS

Item	Cluster	Description	Includes	Does not include	Cost
Foyer Oxford Baseline Support	1, 4	The basic Foyer Oxford service, without extra requirements.	Access to 24hr onsite professionally trained advice, guidance and crisis response (irregular) 24/7 basic advice and guidance through front desk concierge 24/7 security Onsite case coordination and risk management oversight (up to 1 hr per week)	Regular, non- crisis, professional support between 12pm- 8am Onsite one to one support above this limit. Above this limit. defined as Goal directed support below	\$66.60/ day
			General group activities and Independent Living skills training.	Personal care activities. One to one ILS training.	
One to One Goal directed support/ recreation activities	2,3,4 dependi ng on goals	Additional Foyer Oxford support, like one to one activities, more intensive onsite case supports, or initial support needed to stabilise a new living environment	One to One support to achieve specific goals, and learn skills.		\$54.80/hr depending on needs.
Other Personal Support, Mentoring, Independent Living		Additional 'non-Foyer' specialist supports and mentoring			As per 'Bridges Program' cost guidelines.

## THE FOYER 'DEAL' - SOMETHING FOR SOMETHING

At the heart of the Foyer model is the establishment of a something for something Foyer 'Deal' with each young person involved. This deal matches signed commitments made by the young person with a formal Foyer 'Service Guarantee'.

#### COMMITMENT MADE BY THE YOUNG PERSON

As part of their opportunity with Foyer Oxford young people develop their own individual Deal which generally includes:

- Moving on a pathway towards education, training or employment
- Connecting with supports and meeting with support workers
- Looking after their apartment, paying rent and all the other things that come with a normal lease.
- Being a positive member of the community both in and outside of Foyer.

The young person's deal is negotiated on an individual basis, allowing young people to set their own realistic agenda and follow the aspirations they hold for themselves. Foyer staff support young people to meet their side of the deal, and regular check-in ensures young people are accountable to their commitments.

### THE FOYER OXFORD SERVICE GUARANTEE - OUR SIDE OF THE DEAL

The Foyer Oxford Service Guarantee acknowledges that a young person's journey may not be an easy one. Aspiring to a positive future takes significant commitment and persistence to achieve. It must, therefore, be matched with the kinds of personalised approaches, opportunities and resources that allow a young person to develop skills and overcome obstacles. This is communicated through a service guarantee. Along the Foyer Journey, young people are provided with opportunities to feedback to management about their experience of Foyer's 'side of the deal'. This accountability for the staff and management of Foyer Oxford allows constant improvements to ensure the quality of service provision.



## FOR MORE INFORMATION

Thank you for your consideration of the above opportunities – for more information about our work, we suggest our website <u>www.foyeroxford.org.au</u> which can provide an overall picture from the perspective of our current provision in homelessness.

This brief prospectus does not include all of the requirements and conditions of Foyer Oxford, the detail of which can be negotiated according to the specific needs of the young person considering an opportunity. If you feel that Foyer Oxford is the right opportunity –please contact:

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